

Body Treatments

Full Body Massage	£22.00
Sports Specific Massage	£25.00
Back/neck/Shoulder Massage	£13.00
Head and Scalp Massage	£15.00
Crème Bath	£18.00
Th Stone massage	£15.00
Hopi Ear Candles	£15.00
Relaxing Body Wrap (Inc scrub)	£25.00
Cellulite/toning wrap	£28.00
Full Body Spray Tanning	£20.00
Chocobeaauty Body Wrap	£25.00

Men's Treatments

Facials	£15.00
Manicure	£10.00
Pedicure	£12.00
Chest Wax	£10.00
Back Wax	£12.00
Back/Neck/Shoulder Massage	£13.00

Special Packages

Holiday Package

Half leg & bikini line wax, Eye lash tint, Eyebrow shape, Manicure, or Pedicure.

£35.00

Mum-to-be-package - New Beginnings

Mini Facial including lavender and wheat mask, back neck and shoulder massage to ease back tension and a relaxing pedicure to relax tired feet.

£30.00

Bridal Package

The Natural Experience Facial, Luxury Manicure, Luxury Pedicure, Half Leg Wax and Bikini Wax.

£50.00

NB The facial treatment will need to be approx 1 week before the wedding

Wedding/Event make up

Make up trial - £20.00

Wedding day Make up - £25.00

Helpful Hints

- Do not have any heat treatments before or after waxing.
- Bring/wear open toed shoes after a pedicure.
- A skin test may be required before any eye treatments.
- 24 hours notice is required for cancellation otherwise a charge will be incurred.

thebestofstneots



The
Natural
Experience

Beauty and Holistic Therapy
By Lucy Taylor

07789 401700

www.thenaturalexperience.co.uk

Gift Vouchers available for
all occasions

Nails

Manicure

A relaxing treatment for hands including nail shaping, massage and nail polish to finish. The treatment can also include Paraffin wax or heated mittens to make the hands more supple and the skin smooth (also good for arthritis).

Luxury Manicure	£15.00
Manicure	£10.00
Shape & Paint	£9.00
Nail Biters Manicure	£12.00

Pedicure

A luxury spa treatment for the feet including heat therapy, exfoliation, nail shaping and cuticle work with foot and leg massage. Paraffin wax or heated booties can also be included to leave the skin feeling silky and supple.

Luxury Pedicure	£15.00
Express Pedicure	£12.00
Shape & Paint	£9.00

Reflexology

By applying pressure to reflex points located in the feet the body is stimulated to heal itself. A very relaxing and beneficial session.

Reflexology Session (1Hr)	£25.00
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Facials

The Natural Experience Facial

This treatment is the ultimate in relaxation, it includes a deep cleanse of the skin with refreshing tone and gentle exfoliation to aid in the removal of dead and dry skin cells. The face and neck massage provides soothing revitalisation. All masks that are applied are tailored to the needs of the client and removed with hot towels, finish with a light moisturiser. This facial also includes a hand and arm massage during mask. **£22.00**

Mini Facial

This facial is ideal for time restrictions, with a short cleanse and tone to include exfoliant and moisturise. **£16.00**

Teenage Facial

This is a specialised facial for the teenage skin, with a deep cleanse and tone of the face and neck area concentrating on the "T Zone". A refreshing mask tailored to the skin with an exfoliant applied and a light moisturiser to finish. **£10.00**

Waxing

Half Leg	£10.00
Full Leg	£15.00
Bikini Line	£5.00
Lip	£4.00
Chin	£4.00
Underarm	£5.00
Brazilian (Hot wax)	£10.00
Hollywood (Hot wax)	£12.00

Eyes

24 Hr Patch test is required for all new clients to insure that you do not have any reaction to the tint.

Eye Brow Shape	£5.00
Brow Tint	£4.00
Lash Tint	£7.00